

Fruit and Flower Weekly Menu February 6th – February 10th 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack Milk Cold Cereal	Morning Snack Milk Cold Cereal	Morning Snack Milk Cold Cereal	Morning Snack Milk Cold Cereal	Morning Snack Milk Cold Cereal
Breakfast Milk Berry Yogurt & Granola Pears	Breakfast Milk English Muffins Mandarin Oranges	Breakfast Milk Oatmeal Peaches	Breakfast Milk Bagels & Cream Cheese Apricots	Breakfast Milk Biscuits Pineapple Chunks
Lunch <i>Baked Ziti</i> Peas Oranges Milk *Rosebuds: Pears	Lunch <i>Black Bean Soup</i> Cheese Slices Crackers Green Beans Bananas Milk *Rosebuds: Peaches	Lunch <i>Pasta Vegetable Toss</i> Broccoli Pears Milk *Rosebuds: Pears/Carrots	Lunch <i>Sweet and Sour Chicken</i> Brown Rice Green Salad Apples Milk *Rosebuds: Peaches/Beets	Lunch <i>Tuna Sandwiches on Whole Wheat Bread</i> Cucumbers/Lettuce Bananas Milk *Rosebuds: Pears
Afternoon Snack Apples Wheat Thins	Afternoon Snack Craisins Ritz/ Cream Cheese	Afternoon Snack Milk Pumpkin Bread	Afternoon Snack Grapes Soft Pretzels	Afternoon Snack Oranges Graham Crackers

Children under 30 months will receive Organic whole milk. Children over 30 months will receive Organic non-fat milk.
Fruit & Flower Child Care is an equal opportunity provider.